

Application Deadline 20<sup>th</sup> April


# North Wales

Hosted by Pwllheli Sailing Club

# Optimist Camp

26<sup>th</sup>-28<sup>th</sup> May 2009

**£90**  
per Sailor



### Junior Race Camp Pre-Nationals Preparation

Expand on your Winter Training; help make that  
move towards Regional Squads/ Welsh National  
Squads and beyond!

Attend RWBSWC CYRC  
30<sup>th</sup>-31<sup>st</sup> May 2009  
to see your improvement!

Non- Residential  
(Tuesday-Thursday)  
BBQ night

3 days **TOP** coaching included!!!



For More Details Contact  
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