

Llyn Peninsula Walk – 6 miles Aberdaron to Mynydd Mawr

Much of this coast is owned by the National Trust and is very special for its birds, plants and diverse landforms signified by the many national designations. In addition to the wild seashores this remote area has a fascinating history linked with Ynys Enlli (Bardsey), the legendary 'Isle of 20,000 Saints.'

Getting there:

Road: from Caernarfon take the A499 to Pwllheli and then B4413 to Aberdaron

Car parks: Park in Aberdaron (not National Trust)

Bus: (B=bus stop) Nefyn Coaches 01758 720904

For public transport information visit www.traveline.org.uk

Maps and start grid ref: OS Landranger 123 G.R. SH174264, Explorer 253

Facilities available: car park, toilets, pubs, cafes and shops are available in Aberdaron

Terrain: Cliff can be very narrow, good boots advised

Accessibility: Height gain of 107m over the walk. If on the beach beware of strong currents, don't swim at low tides and do not use inflatables. Cliffs are dangerous- children should be supervised

Points of interest: Walk from the western end of Aberdaron beach and continue on the coast path:

1. Porth Meudwy was an embarkation point for pilgrims making the journey to Bardsey, but is now a busy lobster fishing cove
2. Porth y Pistyll- good views to Ynysoedd Gwylanod, the islands in Aberdaron Bay where there are nesting puffins and guillemots
3. At Hen Borth turn right up the hill to the summit cairn of Pen y Cil- on the short grass you may see the chough, a rare crow with bright red beak and a distinctive kee-aw call
4. At Pen y Cil pass the experimental enclosures and keep well clear of the cliff-top. Notice the exposures of Precambrian rocks of pillow lavas which are very old and contorted
5. An old dwelling abandoned. In late summer the coastal heath turns a beautiful purple with heather flowers.
6. The waters round Llyn support an outstanding marine life such as seals, dolphins and porpoises

You can return the same way or follow the minor roads as indicated. Detailed walk leaflets priced £2 are available in local shops, National Trust car parks and the National Trust Property Office, Crafwryn, Beddgelert, Gwynedd LL55 4NG

Property contact details: Tel 01766 510129

National Trust places to visit nearby: lots of the coast of Llŷn and Plas yn Rhiw

